

Ungdoms medvirkning i prosjektet InvolveMENT

Nettverkskonferanse om brukermedvirkning i forskning og fagutvikling
innen psykisk helse og somatikk. Hamar 3. - 4. mars 2025

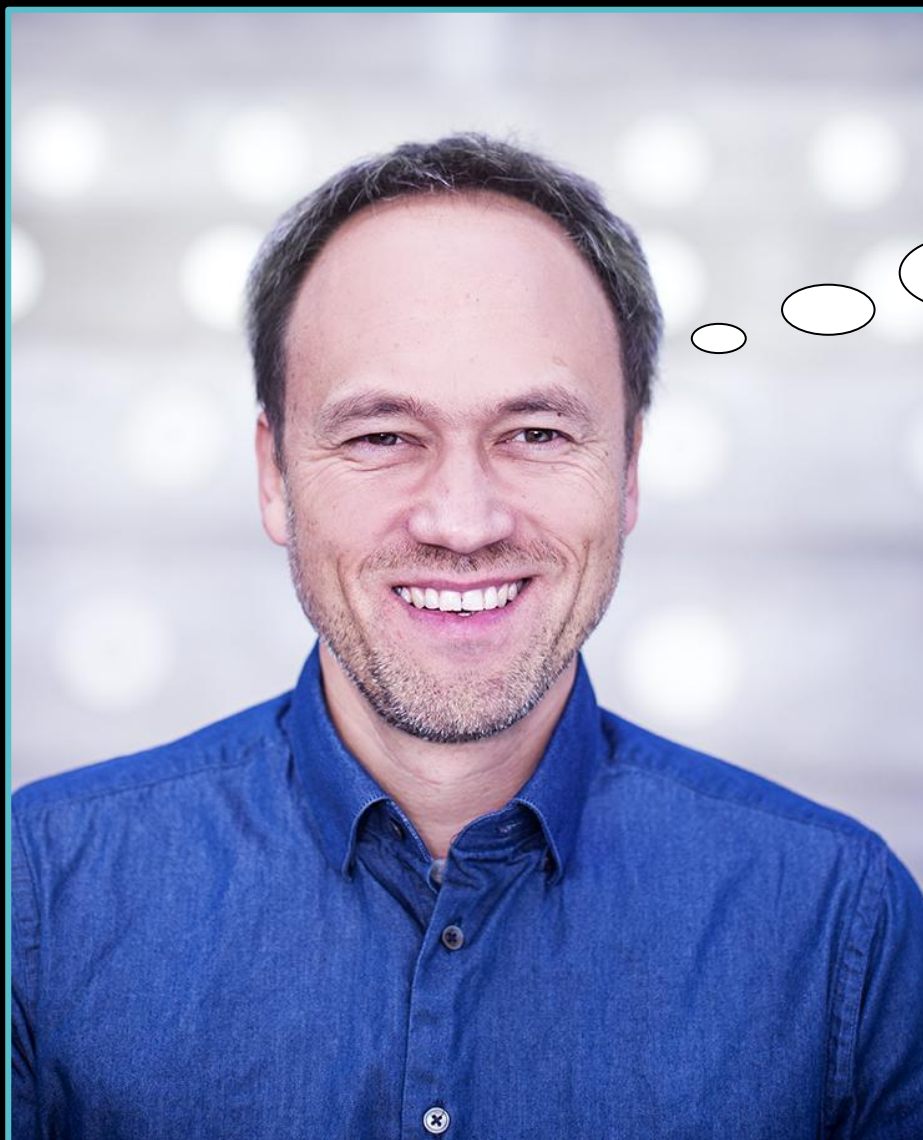
Laia Meldahl, Petter Viksveen,
Sofie Kampen, Anita Salamonsen

04.03.2025



KVÄÄNINUORET
En ungdomsorganisasjon for unge kvener





Hva mener
EGENTLIG
ungdommen?

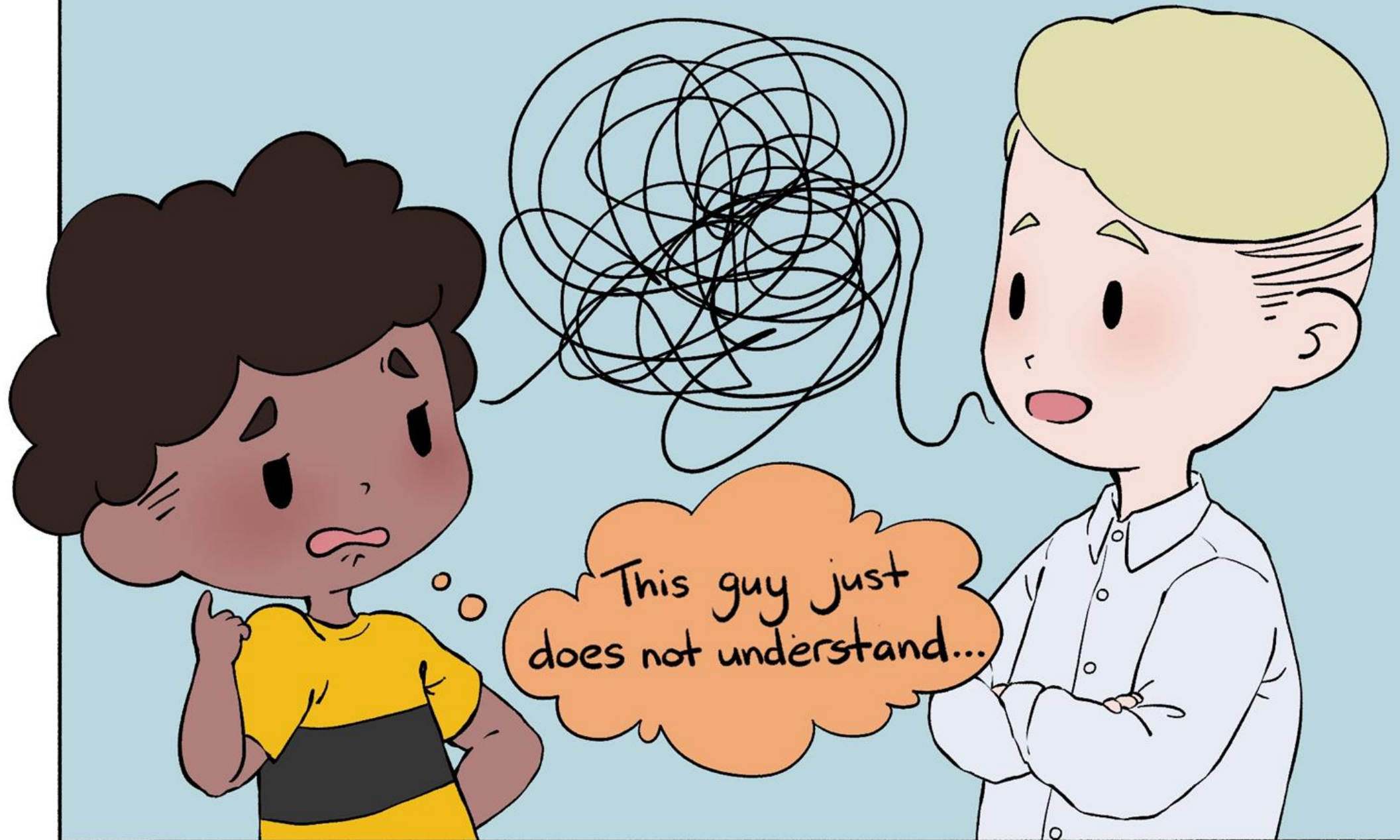
IB students and University of Stavanger research project

Publisert 18. mai 2018

 Skriv ut







This guy just does not understand...



120 MØTER

Brukermedvirkning i ungdomspsykiatrisk sengepost



Faktorer som hemmer og fremmer ungdoms bruk av psykiske helsetjenester.

En spørreundersøkelse om ungdoms bruk av psykiske helsetjenester, brukermedvirkning og tilfredshet.



Ungdoms perspektiv på helsetjenesten og bedring i psykiske problemer
Adolescents' perspective on health services and improvement in mental health



Hva er assosiert med at gutter i alderen 16 til 20 år tar kontakt med skolehelsetjenesten for psykiske vansker?



Det helsevitenskapelige fakultetet

Master i helsesykepleie

Masteroppgave (30 studiepoeng)

Hva kjennetegner ungdom som ikke oppsøker helsetjenesten når de opplever psykiske problemer?



Hva mener helsepersonell bidrar til at ungdommer med asyl- eller flyktningstatus oppsøker hjelp for psykiske lidelser og hva er nødvendig for at hjelpen oppleves som nyttig.

En kvalitativ studie for forbedring av helsetjenesten.
What do health professionals think contributes to adolescent with asylum or refugee status seeking help for mental illness and what is necessary for the help to be perceived as useful.

A qualitative study for improving the health service.



Det helsevitenskapelige fakultetet
Master i psy...

Siden 2017...

SEMINAR AV UNGDOM - FOR UNGDOM ALLE HAR EN PSYKISK HELSE



5TH NORDIC CONFERENCE ON RESEARCH IN PATIENT SAFETY AND QUALITY IN HEALTHCARE 30 - 31 August, 2018 in Copenhagen, Denmark



Jobber for å bedre psykisk helse

Vil forebygge stigma: Folk tror du er gal

HELLO HELLO! OK! BE COOL! HELLO! OK! BE HAPPY! HELLO! OK! BE BRAVE! HELLO! OK! BE KIND! HELLO! OK! BE COURAGEOUS! HELLO! OK! BE CONFIDENT! HELLO! OK! BE CALM! HELLO! OK! BE CLEAR! HELLO! OK! BE CLEAN! HELLO! OK! BE CREATIVE! HELLO! OK! BE CURIOUS! HELLO! OK! BE DETERMINED! HELLO! OK! BE DISCIPLINED! HELLO! OK! BE DIVERSE! HELLO! OK! BE DREAMY! HELLO! OK! BE DYNAMIC! HELLO! OK! BE EAGER! HELLO! OK! BE ENTHUSIASTIC! HELLO! OK! BE ETHICAL! HELLO! OK! BE EXECUTIVE! HELLO! OK! BE EXPRESSIVE! HELLO! OK! BE FLEXIBLE! HELLO! OK! BE FOCUSED! HELLO! OK! BE FORTHRIGHT! HELLO! OK! BE FRIENDLY! HELLO! OK! BE FUN! HELLO! OK! BE GENUINE! HELLO! OK! BE GRACIOUS! HELLO! OK! BE GRATEFUL! HELLO! OK! BE GREAT! HELLO! OK! BE HONEST! HELLO! OK! BE HUMBLE! HELLO! OK! BE HUNGRY! HELLO! OK! BE IDEAS! HELLO! OK! BE IMPASSIONED! HELLO! OK! BE IMPASSIVE! HELLO! OK! BE IMPASSIONED! HELLO! OK! BE IMPASSIVE! HELLO! OK! BE IMPASSIONED! HELLO! OK! BE IMPASSIVE!

BMC Health Services Research

SYSTEMATIC REVIEW

Adolescents' involvement in mental health treatment and service design: a systematic review

Petter Viksveen^{1,2*}, Nicole Elizabeth Cardenas^{1,3}, Siv Hilde Berg^{1,2}, Anita Salamonsen^{1,4}, Julia Rose Game¹ and Stig Bjønness^{1,5*}

Open Access

<https://doi.org/10.1186/s12913-024-11892-2>

Open Access

BMJ Open User involvement in adolescents' mental healthcare: protocol for a systematic review

Petter Viksveen,¹ Stig Erlend Bjønness,¹ Siv Hilde Berg,² Nicole Elizabeth Cardenas,³ Julia Rose Game,³ Karina Aasø,³ Marianne Storm¹

Protocol

ORIGINAL ARTICLE

Involvement of adolescent representatives and coresearchers in mental health research: Experiences from a research project

Petter Viksveen PhD, Associate Professor¹, Nicole E. Cardenas MA, Psychology Student^{1,2}, Maya G. Ildenfeldt BSc, Pharmacology Student^{1,3}, Laila R. Gameh BA, Psychology Student^{1,4}, Oliver Cuddford BA, Architecture Student^{1,5}, Samuel Duerto BA, Philosophy, Politics and Societies Student^{1,6}, Murad Mustafa BN, Student^{1,10}, Lou Krjger BSc, Student^{1,5}, Maren McLean Andvik BSc, Student^{1,7}, Mathias Tong BE (Hons), Student^{1,11}

Abstract

Introduction: In spite of adolescents' rights to be involved in decisions that concern their health and life, limited research has been published reporting on their involvement in mental health research. Therefore, we aim to present experiences and describe the collaborative relationships of adolescents in mental health research, including the values that underpin their collaboration.

Methods: An autoethnographic approach was used, combined with group reflections. The process was jointly developed, carried out and analysed by adolescent coresearchers and the project lead researcher over a period of 2 years. The results are jointly authored by the researcher and the ten coresearchers, illustrating in six themes were developed and the ten coresearchers, communication of results to adolescents of mental health research, and the reduction of stigma.

Why is it so taboo, when it's normal?

604 views

Univ

<https://www.helsetjenes.com>

CC

0:25


Abstract

Background Adolescents' involvement in their mental healthcare is considered a fundamental human right. However, there is a lack of consensus regarding the extent and nature of user involvement and limited research on user involvement in adolescent mental healthcare has previously been identified. Given the evolving focus on this area, this study explores the experiences with, the effectiveness of, and safety issues related to adolescents' user involvement in mental healthcare.

Method We conducted a systematic review, updating our original review with current research evidence relating to adolescents' involvement in mental healthcare at Individual and organizational levels. Searches across six databases, screening of reference lists, and suggestions from experts within the field helped to identify 5,527 records, of which 251 full text articles were screened. Established guidelines were used for data extraction, critical appraisal, and reporting of results.

Results Collectively, the literature searches resulted in 36 eligible studies, of which 28 provided quantitative data and eight provided quantitative data. The quantitative studies identified the importance of personal help and online support provided adolescents' involvement in their mental healthcare. A few qualitative studies suggested shared decision-making and improved self-reported mental health and treatment satisfaction. No studies identified a lack of involvement in their mental healthcare. The growing recognition of adolescents' right to be involved in their mental healthcare is associated with the growing recognition of adolescents' right to be involved in their mental healthcare.

Involvement of adolescent representatives and coresearchers in mental health research: Experiences from a research project

Petter Viksveen PhD, Associate Professor¹  |
Nicole E. Cardenas MA, Psychology Student^{1,2} |
Maya Ibenfeldt BSc, Pharmacology Student^{1,3} |
Laia G. Meldahl BA Psychology, Student^{1,4} | Lou Krijger BSc, Student^{1,5} |
Julia R. Game Medical Student^{1,6} | Maren McLean Andvik BSc, Student^{1,7} |
Oliver Cuddeford BA, Architecture Student^{1,8} |
Samuel Duerto BA Philosophy, Politics and Societies Student^{1,9} |
Murad Mustafa BN, Student^{1,10} | Mathias Tong BE (Hons), Student^{1,11}

¹Department for Quality and Health Technology, Faculty of Health Sciences, SHARE—Center for Resilience in Healthcare, University of Stavanger, Stavanger, Norway

²School of Psychology (Psychology), University of Aberdeen, Aberdeen, Scotland

³Faculty of Biology, Medicine and Health (Pharmacology), University of Manchester, Manchester, UK

⁴Faculty of Health Sciences (Psychology), UIT Arctic University of Norway, Tromsø, Norway

⁵ESCP Business school, Business Management, Ecole Supérieure de Commerce de Paris, Paris, France

⁶Faculty of Medicine (Medicine), Institute of Medicine, Pomeranian Medical University, Szczecin, Poland

⁷College of Medicine, Veterinary and Life Sciences (Zoology), University of Glasgow, Glasgow, Scotland

⁸School of Arts and Humanities, Faculty of Arts

Abstract

Introduction: In spite of adolescents' rights to be involved in decisions that concern their health and life, limited research has been published reporting on their involvement in mental health research. Therefore, we aim to present experiences and reflections based on the involvement of adolescents in mental health research, to describe the collaborative relationship between researchers and coresearchers, including the values that underpin their collaboration.

Methods: An autoethnographic approach was used, combined with group reflections. The process was jointly developed, carried out and analysed by adolescent coresearchers and the project's lead researcher over a period of 2 years. The article is jointly authored by the researcher and the ten coresearchers.

Results: Six themes were developed to describe our collaborative relationship, resulting in the involvement of adolescents in decisions about research priorities; in planning and carrying out the research; through to analysis, dissemination and communication of results. The themes include: (1) Commitment motivated by al-



**Motivasjon
&
Altruisme**



**Inklusjon
&
Støtte**



**Selv-
bestemmelse**

A group of diverse people, including men and women of various ethnicities, are smiling and huddled together in a circle. They are wearing various casual clothing like t-shirts and sweaters. In the center of the image, there is a dark circular overlay with the word "Maktbalanse" written in white, bold, sans-serif font.

Maktbalanse

A high-angle, top-down photograph of a diverse group of approximately ten people of various ethnicities and ages. They are all smiling and looking towards the center, with their arms raised and hands clasped together in a huddle. The background is bright and slightly blurred. In the center of the image, there is a large, dark, semi-transparent circular graphic. Inside this circle, the text "Fleksibel & struktureret prosjektledelse" is written in a clean, white, sans-serif font.

**Fleksibel & struktureret
prosjektledelse**

A diverse group of people, including men and women of various ethnicities, are smiling and huddled together in a circle. They are wearing various casual clothing like t-shirts and sweaters. In the center of the image, there is a dark circular overlay with the word "Mangfold" written in white, bold, sans-serif font.

Mangfold







Kvääninuoret – Kvenungdommen

- Språk, identitet og kultur
 - Ungdomsrepresentasjon
- 

Hvorfor viktig med
forskning om og med unge
kvener og andre
minoriteter generelt?

Hvordan?

Veien videre



Spørsmål?



Ta kontakt!

Petter Viksveen
petter.viksveen@uis.no

Anita Salamonsen
anita.salamonsen@uit.no

 **SHARE** Center for
Resilience in Healthcare
University of Stavanger

 **KVÄÄNINUORET**
En ungdomsorganisasjon for unge kvinner